



Lacrosse Nova Scotia Board of Director Role Description

Vice President High Performance

The Vice President High Performance is responsible for overseeing the development and execution of the Society's competitive excellence strategy. This role ensures that the LNS High Performance Pathway Plan is implemented effectively to support elite athlete development and provincial representation.

SKILL SET:

- Leadership Experience: Prior background in leadership, management, or supervisory roles within a sporting context.
- Technical Familiarity: While not necessarily a coach, an understanding of high-performance pathways and athlete development frameworks is an asset. A strong understanding of the sport of lacrosse is required.
- Strategic Vision: Skills in strategic planning and the ability to macro-manage through effective delegation.
- Governance Knowledge: An acceptance of the legal duties, responsibilities, and liabilities of non-profit associations.
- Communication Excellence: Exemplary oral and written communication skills, with the ability to balance tact and diplomacy.
- Commitment: A deep commitment to the Society's objectives, mission, aims, and values, and a willingness to devote the necessary time.

SPECIFIC RESPONSIBILITIES:

- Pathway Execution: Works directly with the LNS Technical Director and Executive Director to execute the LNS High Performance Pathway Plan.
- Program Support: Participate in the delivery of Society programming that delivers in the High Performance Pathway (clinics, practices, etc.).
- Committee Leadership: Chairs the committee formed to oversee the High Performance program.
- Operational Oversight: Coordinates the Society's involvement in provincial championships and national invitational tournaments held within Nova Scotia.
- Strategic Alignment: Ensures High Performance programming keeps the Board focused on advancing the vision and strategic plan of LNS.
- Collaboration: Works closely with the President and other Directors to ensure performance goals align with operational and financial realities.
- Board Participation: Serves as an officer of the Society and attends all Board and Executive meetings.
- Budget Management: Develop and share with the VP Finance, the annual budget requirements related to this portfolio.
- Internal Communication: Assists the President by taking responsibility for communication regarding High Performance initiatives with other Directors and Committee Chairs.



RELATIONSHIPS:

- Internal: Works in close collaboration with the Technical Director, Executive Director, and the President to achieve the mission of advancing the sport of lacrosse.
- External: Accessible to the general membership, elite athletes, and parents seeking information regarding the Society's high-performance practices and selection processes.

TIME COMMITMENT:

The estimated monthly time commitment is approximately 12–15 hours, allocated as follows:

- Work Requirements: Approximately 8–10 hours for committee work, pathway planning, and coordination with staff.
- Meetings: 2–4 hours for Executive and Board meetings, plus participation in the AGM and provincial events as required.
- Special Projects/Programing: Additional time (approximately 20 hours) during peak season for provincial team selections, championships, or national tournament cycle